



QUEEN CITY UNITED SOCCER CLUB

2023 August Player Development Program

Dates and Fees

August 1 – 31, 2023

U5 - \$75.00

U7 – U11 - \$150.00

Age Groups

U5 – Birth Years 2018 & 2019

U7 – Birth Years 2016 & 2017

U9 – Birth Years 2014 & 2015

U11 – Birth Years 2012 & 2013

Session Information

U5

Wednesdays – 5:30 – 6:15pm @ Massey Field (70 Massey Rd)

U7

Wednesdays – 6:15 – 7:00pm @ Massey Field (70 Massey Rd)

Thursdays – 5:30-6:10pm @ Massey Field (70 Massey Rd)

U9

Tuesdays - 5:30 – 6:30pm @ Massey Field (70 Massey Rd)

Thursdays – 5:30-6:20pm @ Massey Field (70 Massey Rd)

U11

Tuesdays & Thursdays – 6:30 – 7:30pm @ Massey Field (70 Massey Rd)

Program Information

Our 5-week program is designed for players of all levels and abilities.

The U5 program offers one (1) 45-minute session per week that introduces basic soccer skills and techniques using a variety of fun activities and games. Each session will finish with a 15-minute 3v3 game.

U7-U11 programming offers two sessions per week. The first session each week will be a training session designed to improve participant's technical ability by incorporating individual skill development through dynamic activities and games. The Thursday sessions are game days, where participants apply what they've learned in training to a game setting. Players will be divided into teams at the field and may play with different teammates each week.

U7s play 2 x 15-minute halves (3v3 or 4v4 with no GKs)

U9s play 2 x 20-minute halves (5v5 with GKs)

U11s play 2 x 25-minute halves (7v7 with GKs)

Field numbers may be adjusted based on the number of players participating/present each night.

Online registration opens June 15 and closes July 21, 2023

Limited space in all age groups** **A \$25 late fee will be applied after July 21, 2023

Refund policy: <https://www.rampregistrations.com/refundpolicy?v3=175dd4db21>